

APRIL 2017

A JOURNEY AND A DESTINATION. RECOVERY HAPPENS HERE!



SUN	MON	TUES	WED	THU	FRI	SAT
<p>The PEER Center—West—Closed March 23rd—April 2nd Reopening April 3rd at 860/866 West Broad St.</p> <p>Movie Outing is Thursday, April 20th at 12:00pm</p>						
<p>2</p> <p>Sunday Fun Day! Open 9-9</p>	<p>3</p> <p>12:00 5 Minute Move It! 1:00 Recovery Tools 4:00 LGBTQ Group 5:00 Emotions Group 7:00 Positive Thinking</p>	<p>4</p> <p>10:00 Computer Skills 11:00 Recovery in Community 2:00 Anger Recovery 5:00 Depression Support 7:00 Alcohol/Other Drug Recovery</p>	<p>5</p> <p>11:00 Job Readiness 12:00 5 Minute Move It! 1:00 Self Esteem 2:00 Man Up! 5:00 Women's Recovery 7:00 Dual Diagnosis</p>	<p>6</p> <p>10:00 Self Care 11:00 Chess Club 1:00 Schizophrenia Support 2:00 HIV / STI Testing 4:00 Man Up! 7:00 Relapse Prevention</p>	<p>7</p> <p>10:00 MH / AOD Peer Recovery 12:00 5 Minute Move It! 2:00 Anxiety Support 4:00 Survivors' Support 7:00 Handling Conflict</p>	<p>1</p> <p>11:00 Setting Boundaries 12:00 Personal Safety 3:00 Veteran's Support</p>
<p>9</p> <p>Sunday Fun Day! Open 9-9</p>	<p>10 <u>Passover Begins</u> 12:00 5 Minute Move It! 1:00 Recovery Tools 4:00 LGBTQ Group 5:00 Emotions Group 7:00 Positive Thinking</p>	<p>11</p> <p>10:00 Computer Skills 1:00 AGB / Code of Conduct: WEST 2:00 Anger Recovery 5:00 Depression Support 7:00 Alcohol/Other Drug Recovery</p>	<p>12</p> <p>11:00 Job Readiness 12:00 5 Minute Move It! 12:05 Healthy Habits 1:00 Self-Esteem 2:00 Knitting Club 5:00 Women's Recovery 7:00 Dual Diagnosis</p>	<p>13</p> <p>10:00 Self Care 11:00 Chess Club 1:00 Schizophrenia Education 2:00 Cultural Diversity 4:00 Man Up! 7:00 Relapse Prevention</p>	<p>14</p> <p>10:00 MH / AOD Peer Recovery 12:00 5 Minute Move It! 2:00 Anxiety Support 4:00 Survivors' Support 7:00 Handling Conflict</p>	<p>8</p> <p>11:00 Setting Boundaries 12:00 Personal Safety 3:00 Veteran's Support</p>
<p>16 <u>Easter</u></p> <p>Sunday Fun Day! Open 9-9</p>	<p>17</p> <p>12:00 5 Minute Move It! 1:00 Recovery Tools 4:00 LGBTQ Group 5:00 Emotions Group 7:00 Positive Thinking</p>	<p>18 <u>Passover Ends</u> 10:00 Computer Skills 11:00 Recovery in Community 2:00 Anger Recovery 5:00 Depression Support 7:00 Alcohol/Other Drug Recovery</p>	<p>19</p> <p>11:00 Job Readiness 12:00 5 Minute Move It! 1:00 Self Esteem 2:00 Man Up! 5:00 Women's Recovery 7:00 Dual Diagnosis</p>	<p>20</p> <p>10:00 Self Care 11:00 Chess Club 12:00 Movie Outing 1:00 Schizophrenia Support 4:00 Man Up! 7:00 Relapse Prevention</p>	<p>21</p> <p>10:00 MH / AOD Peer Recovery 12:00 5 Minute Move It! 2:00 Anxiety Support 4:00 Survivors' Support 7:00 Handling Conflict</p>	<p>15</p> <p>11:00 Setting Boundaries 12:00 Personal Safety 3:00 Veteran's Support</p>
<p>23 / 30</p> <p>Sunday Fun Day! Open 9-9</p>	<p>24</p> <p>12:00 5 Minute Move It! 1:00 Recovery Tools 4:00 LGBTQ Group 5:00 Emotions Group 7:00 Positive Thinking</p>	<p>25</p> <p>10:00 Computer Skills 1:00 AGB / Code of Conduct: EAST 2:00 Anger Recovery 5:00 Depression Support 7:00 Alcohol/Other Drug Recovery</p>	<p>26</p> <p>11:00 Job Readiness 12:00 5 Minute Move It! 12:05 Healthy Habits 1:00 Self-Esteem 2:00 Knitting Club 5:00 Women's Recovery 7:00 Dual Diagnosis</p>	<p>27</p> <p>10:00 Self Care 11:00 Chess Club 1:00 Schizophrenia Education 4:00 Man Up! 7:00 Relapse Prevention</p>	<p>28</p> <p>10:00 MH / AOD Peer Recovery 12:00 5 Minute Move It! 2:00 Anxiety Support 4:00 Survivors' Support 7:00 Handling Conflict</p>	<p>22</p> <p>11:00 Setting Boundaries 12:00 Personal Safety 3:00 Veteran's Support</p>

A PLACE WHERE EVERYONE MATTERS!

~EAST~

750 EAST BROAD ST.
COLUMBUS, OH 43205

P: 614.453.4830

F: 614.453.4845

WWW.THEPEERCENTER.ORG

~HOURS~

M-F: 7AM-11PM

S-S: 9AM-9PM

HOLIDAYS: 9AM-7PM

~DAILY WARMLINE~

614.358.TALK (8255)

10PM-2AM

~DAILY ACTIVITIES~

PEER SUPPORT
SOCIALIZATION
RESOURCE CENTER
MEDIA CENTER
ARTS & CRAFTS

THE PEER CENTER & MHAFC
CO-HOST A BIPOLAR PEER
SUPPORT GROUP!
MEADOW PARK CHURCH OF GOD,
2425 BETHEL RD.
COLUMBUS, OH 43220
MEETS FIRST AND THIRD THURSDAYS
7:00PM-8:30PM

